

2017-2018 AIAN Cafeteria Menu

January 17 - June 15, 2018

First Week

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Braised Radish and Pork 萝卜烧肉	Sweet and Sour Pork 糖醋里脊	Sole Fish 龙利鱼	Fried Beef with Sesame 芝麻牛肉丝	Braised Chicken Leg 红烧鸡腿
2	Fried Lettuce and Shelled Shrimp 莴笋炒虾仁	Fried Wild Rice Shoots and Pork 茭白炒肉丝	Yu-xiang Eggplant 鱼香茄子	Fried Hand-ripped Cabbage 手撕包菜	Fried Chinese Cabbage and Black Fungus 白菜炒木耳
3	Fried Zucchini and Bacon 西葫芦炒培根	Boiled Broccoli 水焯西兰花	Fried Asparagus and Lily Root 芦笋炒百合	Boiled Gumbo with Oyster Oil 蚝油灼秋葵	Deep-Fried Egg with Brown Sauce 酱油荷包蛋
4	Corn and Pork Rib Soup 玉米小排汤	Tomato and Egg Soup 番茄蛋汤	Chicken and Mushroom Soup 鸡肉山药香菇汤	Laver and Pickles Soup 紫菜榨菜汤	Boiled Jiaozi 水煮饺子
5	Rice 米饭	Korean Kimchi Fried Rice 韩式泡菜炒饭	Rice 米饭	Rice 米饭	Rice 米饭
6	Bread 面包	Rice 饭	Bread 面包	Pastry 糕点	Bread 面包
7	Tuna 金枪鱼	Pastry 糕点	Tuna 金枪鱼	Salad Bar 色拉吧	Tuna 金枪鱼
8	Salad Bar 色拉吧	Salad Bar 色拉吧	Salad Bar 色拉吧		Salad Bar 色拉吧

Second Week

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Braised Pork and Bamboo Shoot 笋烧肉	Curry Chicken 咖喱鸡	Braised Beef and Potato 土豆炖牛肉	Sliced Boiled Pork with Sauce 白切肉	Kung Pao Chicken 宫保鸡丁
2	Fried Celery and Squid 芹菜炒鱿鱼	Stired Eggplant 蒸拌茄子	Braised Vegetarian Chicken with Brown Sauce 红烧素鸡	Braised Potato with Brown Sauce 红烧土豆	Fried Bean Curd and Black Fungus 黑木耳炒腐竹
3	Fried Lettuce with Egg 木须黄瓜	Sautéed Lettuce in Oyster Sauce 蚝油生菜	Fried Leaf Lettuce 清炒油麦菜	Stewed Chinese Cabbage and Tofu 白菜炖豆腐	Stewed Greens with Bean curd Roll Stuffed with Minced Pork 青菜百叶包
4	Spanich and Pork Soup 菠菜肉丝汤	Carrot Soup 胡萝卜浓汤	Green Vegetable Soup 万年青汤	Pickles and Pork Soup 榨菜肉丝汤	Sweet Soup Balls 汤圆
5	Rice 米饭	Rice 米饭	Rice 米饭	Bolognese 肉酱意面	Rice 米饭
6	Bread 面包	Pastry 糕点	Bread 面包	Rice 米饭	Pastry 糕点
7	Tuna 金枪鱼	Salad Bar 色拉吧	Tuna 金枪鱼	Bread 面包	Salad Bar 色拉吧
8	Salad Bar 色拉吧		Salad Bar 色拉吧	Tuna 金枪鱼	
9				Salad Bar 色拉吧	

Third Week

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Stewed Thin Beef Slices 灯影牛肉	Korean Sauted Pork 韩式炒猪肉	American Chicken Nugget 美式田园鸡块（配番茄酱）	Roasted Rib 烤仔排	Twice-cooked Sliced Pork 回锅肉
2	Fried Bamboo Shoot 油焖笋	Homestyle Tofu 家常豆腐	Stewed Taro with Sesame Oil 香油芋艿	Fried Long Beans 炒长豆角	Fried Soybean and Pickles 咸菜炒毛豆
3	Fried Snow Pea and Shelled Shrimp 荷兰豆炒虾仁	Fried Cabbage and Balck Fungus 木耳白菜	Fried Cabbage and Carrot 胡萝卜包菜	Fried Pepper and Dried Bean Curd 甜椒炒香干丝	Fried Greens and Mushroom 香菇青菜
4	Greens and Tofu Soup 青菜豆腐羹	Duck and Bamboo Shoot Soup 鸭肉笋汤	Corn Soup 玉米浓汤	Celery and Fish Ball Soup 芹菜鱼丸汤	Little Wine-brewed Glue Pudding 酒酿桂花小圆子
5	Rice 米饭	Rice 米饭	Rice 米饭	Rice 米饭	Rice 米饭
6	Bread 面包	Pastry 糕点	Bread 面包	Yangzhou Fried Rice 扬州炒饭	Bread 面包
7	Tuna 金枪鱼	Salad Bar 色拉吧	Tuna 金枪鱼	Pastry 糕点	Tuna 金枪鱼
8	Salad Bar 色拉吧		Salad Bar 色拉吧	Salad Bar 色拉吧	Salad Bar 色拉吧