

2017-2018 AIAN Cafeteria Menu

August 14, 2017 - January 16, 2018

First Week

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Stewed Tomato and Beef 西红柿炖牛腩	Baked Chicken Wing 烤中翅	Fish Floavored Pork 鱼香肉丝	Crispy Fish Steak 香酥鱼排	Curry Chicken 巴厘岛咖喱鸡
2	Fried Potato and Pepper 青椒土豆	Sweet Corn 甜酥玉米	Fried Cauliflower 炒花菜	Fried Celery and Dried Beancurd 芹菜香干	Fried Black Fungus and Zucchini 木耳炒生瓜
3	Fried Cabbage 手撕包菜	Fried Winter Melon 白油冬瓜	Fried Cabbage and Tofu 油豆腐白菜	Mashed Potato 土豆泥	Fried Greens with Mushroom 香菇青菜
4	Loofah Soup 丝瓜汤	Pork and Yellow Bean Soup 猪蹄黄豆汤	Vegetable and Egg Soup 榨菜蛋花汤	Pork and Yam Soup 小排山药汤	Bamboo Shoot and Pickled Vegetable Soup 竹笋咸菜汤
5	Rice 米饭	Korean Kimchi Fried Rice 韩式泡菜炒饭	Rice 米饭	Rice 米饭	Rice 米饭
6	Bread 面包	Rice 饭	Bread 面包	Pastry 糕点	Bread 面包
7	Tuna 金枪鱼	Pastry 糕点	Tuna 金枪鱼	Salad Bar 色拉吧	Tuna 金枪鱼
8	Salad Bar 色拉吧	Salad Bar 色拉吧	Salad Bar 色拉吧		Salad Bar 色拉吧

Second Week

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Crisp Pork Chop 油酥猪排	Beef with Black Pepper Sauce 黑椒牛柳	Rosted Chicken Leg 烤鸡腿	Bacon and Mushroom Roll 培根金针菇卷	Spicy Pork 香风味五花肉
2	Fried Bean Sprouts 清炒绿豆芽	Indian Stewed Mushrooms 印式炖蘑菇	Fried Eggplant with Shredded Pork 肉末茄子	Curry Potato 咖喱土豆	Fried Bean Sprouts 清炒绿豆芽
3	Fried Luffa with Soy Sauce 红烧丝瓜	Sautéed Lettuce in Oyster Sauce 蚝油生菜	Fried Winter Melon with Ham 冬瓜火腿	Fried Broccoli 拌炒西兰花	Boiled Egg 白水蛋
4	Tomato and Potato Soup 番茄土豆汤	Potato Soup 土豆浓汤	Vegetables and Pork Soup 三鲜汤	Corn Soup 玉米奶油浓汤	Laver Soup 紫菜汤
5	Rice 米饭	Rice 米饭	Rice 米饭	Bolognese 肉酱意面	Rice 米饭
6	Bread 面包	Pastry 糕点	Bread 面包	Rice 米饭	Pastry 糕点
7	Tuna 金枪鱼	Salad Bar 色拉吧	Tuna 金枪鱼	Bread 面包	Salad Bar 色拉吧
8	Salad Bar 色拉吧		Salad Bar 色拉吧	Tuna 金枪鱼	
9				Salad Bar 色拉吧	

Third Week

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Multi-spiced Chicken Wing 五香鸡翅根	Korean Sauted Pork 韩式炒猪肉	Stewedd Beef Ball 红烧牛肉丸	Roasted Chicken Wing 生香全鸡翅	Braised Pork Chop 油焖大排
2	Sauted Tofu with Soy Sauce 红烧豆腐	Fried Corn and Pine Nut 松仁玉米	Sauted Tomato and Egg 番茄炒蛋	Fried Cabbage and Shredded Coconut 酸辣土豆丝	Sauted Bamboo Shoot with Brown Sauce 红烧青笋
3	Fried Celery with Peanut 芹菜花生米	Fried Cabbage and Balck Fungus 木耳白菜	Sauted Cabbage and Vermicelli 粉丝包菜	Fried Mushroom 拌炒杏菇	Fried Beans 素炒四季豆
4	Pickled Vegetable and Vermicelli Soup咸菜粉丝汤	Duck and Bamboo Shoot Soup 鸭肉笋汤	Chicken and Rhizoma Dioscoreae Soup 鸡肉山药汤	Pumpkin Soup 南瓜奶油浓汤	Vetetable Soup 万年青汤
5	Rice 米饭	Rice 米饭	Rice 米饭	Rice 米饭	Rice 米饭
6	Bread 面包	Pastry 糕点	Bread 面包	Italian Fried Rice 意式炒饭	Bread 面包
7	Tuna 金枪鱼	Salad Bar 色拉吧	Tuna 金枪鱼	Pastry 糕点	Tuna 金枪鱼
8	Salad Bar 色拉吧		Salad Bar 色拉吧	Salad Bar 色拉吧	Salad Bar 色拉吧